



plates

Substitute egg whites OR tofu for \$1.00.

“meat” & three > \$7.99

Scrambled or fried eggs, hash browns, toast & choice of meat.
[applewood smoked bacon, ham, andouille sausage,
OR veggie sausage 🐾]

🐾 huevos rancheros > \$8.99

Fried eggs over hash browns and stewed black beans,
topped with red salsa, sour cream and avocado. Served with flour tortillas.

🐾 huevos cubano > \$8.99

Eggs scrambled with tomatillos, poblano peppers and cheese
piled onto hash browns, topped with salsa, sour cream and avocado.
Served with warm spinach tortillas.

🐾 veggie scramble > \$6.99

Eggs OR tofu scrambled with baby spinach, tomatoes,
roasted onions and jack & cheddar cheese. Topped with salsa.
Served with hash browns and toast.

steak scramble > \$8.99

Marinated flank steak with scrambled eggs, roasted onions, spinach, jack
and cheddar cheese. Served with salsa, sour cream, hash browns and toast.

🐾 salmon scramble > \$8.99

Smoked salmon and eggs scrambled with herb cream cheese,
red onion and capers. Served with hash browns and toast.

🐾 village burrito > \$7.99

Baby spinach, portobello mushrooms, tomatoes,
feta and eggs scrambled together and wrapped in
a spinach tortilla, topped with salsa and sour cream.
Served with hash browns.

🐾 bubba burrito > \$7.99

Poblano peppers, red onion, jack & cheddar cheese and
eggs scrambled together stuffed into a flour tortilla. Topped with
homemade salsa and sour cream. Served with hash browns.

🐾 cheese and herb eggs > \$4.99

Three scrambled eggs with melted jack & cheddar cheese
and chopped herbs. Served with toast, butter and jam.

🐾 simple eggs > \$3.99

Three scrambled or fried eggs served with toast, butter and jam.

🐾 egg mcFido > \$4.50

Scrambled eggs & melted cheddar, swiss OR
cream cheese on your choice of bagel.

+ Add andouille sausage, bacon, ham or veggie sausage for \$1.00.

Pete's breakfast torta > \$4.99

Eggs scrambled with chorizo OR veggie sausage 🐾
and jack cheese, served between 2 toasty flour tortillas
with a side of salsa and sour cream.

🐾 buttermilk pancakes > \$7.99

Two semolina pancakes served with
whipped cream, maple syrup and powdered sugar.
Choice of plain, blueberry or banana nut.
Served with choice of one side item OR double your stack.

🐾 oatmeal > \$3.50

Served mommy style with brown sugar, fruit and raisins. AM only.

🐾 wholesome granola with raisins > \$4.95

Packed with loads of fruit and nuts, served with milk.
+ Add fruit for a buck.

🐾 cheerios > \$2.50

Served with milk.
+ Add fruit for a buck.

breakfast @
fido
served all day



veggie fido items

🐾 bagels

[plain, wheat, poppy, sesame,
onion, cinnamon raisin OR everything
OR an english muffin]

with butter and jam > \$2.00

with cream cheese or peanut butter > \$2.50

with herb & garlic cream cheese > \$3.00

bagel sandwiches... we call 'em bombs

Served open-face, on your choice of bagel.

fishy bomb > \$6.99

Smoked salmon, herb cream cheese, onion,
lettuce and capers.

🐾 med-veg bomb > \$4.99

Garlicky hummus with tomato, onion and cucumber.

hangover bomb > \$4.99

Cream cheese and veggie sausage 🐾
OR bacon on your choice of bagel.

🐾 bachelor bomb > \$3.99

Peanut butter and fresh banana
on a cinnamon raisin bagel

🐾 basic bomb > \$3.99

Fresh tomato & melted Swiss
with grainy Dijon mustard.

sides

Build your own breakfast from the following:

🐾 yukon gold hash browns > \$1.99

🐾 spuds McCheesey > \$2.99

Hash browns with jack and cheddar cheese,
onions and tomatoes

🐾 baked jack-n-cheddar cheese grits > \$2.50

🐾 one scrambled egg or egg white > \$1.00

🐾 tomato slices > \$1.00

🐾 cheese > \$1.00

🐾 toast, butter and jam > \$1.50

🐾 fresh cut fruit > \$2.99/\$4.99

applewood smoked bacon,
sliced ham, grilled andouille sausage,
OR veggie sausage 🐾 > \$2.50

[all day @ fido on reverse side]

fido sandwiches

Served with your side choice:
cup of soup, side déjà vu salad *OR* bag of chips

Bread selections: sourdough white, wheat and herb focaccia

grilled steak \$8.99

Marinated flank steak served on focaccia with garlic mayo, roasted onions, lettuce, tomato & swiss or cheddar cheese.

pulled turkey & BBQ > \$7.99

Pulled turkey with applewood smoked bacon, jalapeno pickled carrots, swiss cheese, lettuce and Fido BBQ sauce.

🐾 veggie burger \$7.99

Our handmade burger with black beans, chipotle pepper & grains. Comes with mustard, mayo, lettuce & onion.

+ Add avocado for \$1.00.

b.i.t. > \$7.99

Applewood smoked bacon, red leaf lettuce, fresh tomato & herb mayo on grilled bread.

+ Add turkey or avocado for just a buck more!

🐾 grilled portobello & eggplant > \$7.99

Grilled portobello mushroom, eggplant and goat cheese with greens and balsamic vinaigrette on your choice of bread.

smoked turkey & brie > \$8.99

Served on focaccia with aioli, pesto, lettuce and tomato.

🐾 the "fideau" > \$7.99

A melted Brie sandwich with crisp granny smith apple, mache, aioli and caramel-champagne vinaigrette on your choice of bread.

+ Add ham or bacon for \$1.00.

🐾 doggie style grilled cheese > \$5.99

A grilled cheese with tomato, greens and mayo on your choice of bread.

+ Add avocado for \$1.00.

just a sandwich no sides included

turkey & cheese > \$4.99

ham & cheese > \$4.99

🐾 hummus and veggie > \$4.99

🐾 puppy size grilled cheese > \$2.99

Just cheese & bread.

nibbles & bits

🐾 green chile-coconut tamales > \$6.99

With mole espresso sauce.

🐾 bowl o' hummus > \$5.99

Homemade hummus with cucumbers, tomato and red onion served with toasted pita.

🐾 roasted sweet potato fries > \$2.99

Hand cut & served with our homemade horseradish dipping sauce.

🐾 amazing fries > \$2.99

Served with our own aioli.

🐾 griddled corncakes > \$3.99

With salsa & poblano sauce.

kid's stuff

food for kids 8 and under...

🐾 pancakes & eggs > \$3.99

🐾 grilled cheese & fresh fruit > \$3.99

🐾 pb&j sandwich & fresh fruit > \$3.99

all day @
fido
s e r v e d a l l d a y



veggie fido items

plates

🐾 eggplant tower > \$7.99

White beans and roasted onions layered with grilled eggplant & goat cheese. Served over mixed greens with Italian vinaigrette and fresh croutons.

grilled salmon > \$9.99

Served over baked parmesan polenta, mache lettuce with feta and creamy French dressing.

fried fish tacos > \$9.99

3 flour tortillas with crispy cornmeal fried catfish, salsa, red onion, avocado, poblano sauce and feta cheese.

grilled chicken > \$8.99

Served with sweet potato and applewood smoked bacon hash and fresh greens with a balsamic vinaigrette.

steak & hash > \$9.99

Grilled marinated flank steak sliced thinly over yukon gold spuds with jack & cheddar cheese, drizzled with aioli and basil pesto.

pulled smoked turkey & corncakes > \$8.99

Fido's own corncakes with pulled smoked turkey, covered with our homemade BBQ sauce, sour cream and avocado.

cornmeal fried catfish & green tamales > \$9.99

Crispy fried catfish atop green chile tamales served with slow cooked black beans, mole espresso sauce, and lime sour cream.

fido soup

Our soup of the day is served with focaccia bread.

cup > \$3.99 ● bowl > \$4.99

fido salads

Served with our own dressings:

Italian, balsamic vinaigrette, creamy french, lemon-sultana or caramel-champagne vinaigrette

+ Add grilled chicken, flank steak or applewood smoked bacon to any salad for 2.00.

🐾 déjà vu salad > \$2.99/\$4.99

Home of 50 beautiful greens and 3 ugly ones. Choice of dressing.

🐾 the big chop salad > \$7.99

Red, yellow, and poblano peppers, red onion, white cabbage, golden raisins, croutons, avocado, & blue cheese tossed in a lime-mint dressing.

🐾 mediterranean salad > \$6.99

Mixed greens with Italian vinaigrette, hummus, cucumbers, red onion, feta cheese and tomatoes. Served with toasted pita.

+ Add extra pita for \$1.00.

🐾 liberal salad: greens, fruits & nuts > \$6.99

Field greens, spiced pecans, strawberries and goat cheese with a balsamic vinaigrette.

🐾 eden salad > \$6.99

Mache lettuce, granny smith apples, sun dried figs, candied walnuts, feta cheese & a caramel-champagne vinaigrette.

🐾 fatoush salad > \$6.99

Green leaf lettuce with chopped parsley, crispy pita, feta, red onion & tomato in a lemon-sultana vinaigrette.



[breakfast @ fido on reverse side]