



Proudly serving the finest mix of organic, exotic and junk foods.



fido egg plates

Substitute egg whites OR tofu for \$1.00.

grilled salmon benedict > \$11.99

Poached eggs with grilled fresh salmon and polenta cheese grits with hollandaise and baby spinach.

bayou benedict > \$9.99

Poached eggs & grilled andouille or veggie sausage 🐾 over cheddar cheese grits & wilted spinach, drizzled with our own hollandaise. Served with toast.

🐾 huevos rancheros > \$8.99

Fried eggs over hash browns and stewed black beans, topped with red salsa, sour cream and avocado. Served with flour tortillas.

🐾 huevos cubano > \$8.99

Eggs scrambled with tomatillos, poblano peppers and cheese piled onto hash browns, topped with salsa, sour cream and avocado. Served with warm spinach tortillas.

steak scramble > \$8.99

Marinated flank steak with scrambled eggs, roasted onions, spinach, jack and cheddar cheese. Served with salsa, sour cream, hash browns and toast.

salmon scramble > \$8.99

Smoked salmon and eggs scrambled with herb cream cheese, red onion and capers. Served with hash browns and toast.

🐾 veggie scramble > \$6.99

Eggs OR tofu scrambled with baby spinach, tomatoes, roasted onions and jack & cheddar cheese. Topped with salsa. Served with hash browns and toast.

🐾 euro eggs > \$8.99

Poached eggs over a toasted English muffin and drizzled with our own hollandaise sauce. Served with hash browns and fresh fruit. + Add ham for just a buck.

🐾 village burrito > \$7.99

Baby spinach, portobello mushrooms, tomatoes, feta and eggs scrambled together and wrapped in a spinach tortilla, topped with salsa and sour cream. Served with hash browns.

🐾 bubba burrito > \$7.99

Poblano peppers, red onion, jack & cheddar cheese and eggs scrambled together stuffed into a flour tortilla. Topped with homemade salsa and sour cream. Served with hash browns.

“meat” & three > \$7.99

Scrambled or fried eggs, hash browns, toast & choice of meat. [applewood smoked bacon, ham, andouille sausage, OR veggie sausage 🐾]

🐾 cheese and herb eggs > \$4.99

Three scrambled eggs with melted jack & cheddar cheese and chopped herbs. Served with toast, butter and jam.

🐾 simple eggs > \$3.99

Three scrambled or fried eggs served with toast, butter and jam.

Pete's breakfast torta > \$4.99

Eggs scrambled with chorizo OR veggie sausage 🐾 and jack cheese, served between 2 toasty flour tortillas with a side of salsa and sour cream.

🐾 egg mcFido > \$4.50

Scrambled eggs & melted cheddar, swiss OR cream cheese on your choice of bagel.

+ Add andouille sausage, bacon, ham or veggie sausage for \$1.00.

fido

brunch @

s e r v e d u n t i l 2 : 0 0 p m



veggie fido items

other things

🐾 buttermilk pancakes > \$7.99

Two semolina pancakes served with whipped cream, maple syrup and powdered sugar. **Choice of plain, blueberry or banana nut.** Served with choice of one side item OR double your stack.

🐾 oatmeal > \$3.50

Served mommy style with brown sugar, fruit and raisins. AM only.

🐾 wholesome granola with raisins > \$4.95

Packed with loads of fruit and nuts, served with milk. + Add fruit for a buck.

🐾 cheerios > \$2.50

Served with milk. + Add fruit for a buck.

sides

Build your own breakfast from the following:

🐾 yukon gold hash browns > \$1.99

🐾 spuds McCheesey > \$2.99

Hash browns with jack and cheddar cheese, onions and tomatoes

🐾 baked jack-n-cheddar cheese grits > \$2.50

🐾 one scrambled egg or egg white > \$1.00

🐾 tomato slices > \$1.00

🐾 cheese > \$1.00

🐾 toast, butter and jam > \$1.50

🐾 fresh cut fruit > \$2.99/\$4.99

applewood smoked bacon, sliced ham, grilled andouille sausage, OR veggie sausage 🐾 > \$2.50



fido brunch @

s e r v e d u n t i l 2 : 0 0 p m

 **veggie fido items**

fido sandwiches

Served with your side choice:
cup of soup, side déjà vu salad **OR** bag of chips

Bread selections: *sourdough white, wheat and herb focaccia*

grilled steak \$8.99

Marinated flank steak served on focaccia with garlic mayo, roasted onions, lettuce, tomato & swiss or cheddar cheese.

veggie burger \$7.99

Our handmade burger with black beans, chipotle pepper & grains. Comes with mustard, mayo, lettuce & onion.

+ Add avocado for \$1.00.

b.i.t. > \$7.99

Applewood smoked bacon, red leaf lettuce, fresh tomato & herb mayo on grilled bread.

+ Add turkey or avocado for just a buck more!

grilled portobello & eggplant > \$7.99

Grilled portobello mushroom, eggplant and goat cheese with greens and balsamic vinaigrette on your choice of bread.

smoked turkey & brie > \$8.99

Served on focaccia with aioli, pesto, lettuce and tomato.

fido soup

Our soup of the day served with focaccia bread.

cup > \$3.99

bowl > \$4.99

kid's stuff

food for kids 8 and under...

 **pancakes & eggs > \$3.99**

 **grilled cheese & fresh fruit > \$3.99**

 **pb&j sandwich & fresh fruit > \$3.99**

bagels

[plain, wheat, poppy, sesame, onion, cinnamon raisin **OR** everything **OR** an english muffin]

with butter and jam > \$2.00

with cream cheese or peanut butter > \$2.50

with herb & garlic cream cheese > \$3.00

bagel sandwiches...

we call 'em bombs

Served open-face, on your choice of bagel.

fishy bomb > \$6.99

Smoked salmon, herb cream cheese, onion, lettuce and capers.

med-veg bomb > \$4.99

Garlicky hummus with tomato, onion and cucumber.

hangover bomb > \$4.99

Cream cheese and veggie sausage  **OR** bacon on your choice of bagel.

bachelor bomb > \$3.99

Peanut butter and fresh banana on a cinnamon raisin bagel.

basic bomb > \$3.99

Fresh tomato & melted Swiss with grainy Dijon mustard.

fido salads

Served with our own dressings:

Italian, balsamic vinaigrette, creamy french, lemon-sultana or caramel-champagne vinaigrette

+ Add grilled chicken, flank steak or applewood smoked bacon to any salad for 2.00.

+ Add grilled salmon to any salad for 3.99.

déjà vu salad > \$2.99/\$4.99

Home of 50 beautiful greens and 3 ugly ones. Choice of dressing.

mediterranean salad > \$6.99

Mixed greens with Italian vinaigrette, hummus, cucumbers, red onion, feta cheese and tomatoes. Served with toasted pita.

+ Add extra pita for \$1.00.

liberal salad: greens, fruits & nuts > \$6.99

Field greens, spiced pecans, strawberries and goat cheese with a balsamic vinaigrette.



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